

Northland Primary Health Nurses Symposium

10 April 2021



Mahitahi Hauora

Karakia

Timatanga - Opening

Puritia mai ra te tika hei korero

Puritia mai ra te pono hei wananga

Puritia mai ra te aroha hei awhina i te ngakau a tangata

Kia tu, kia atea, kia marama!

Hui e!

Taiki e!

Whakamutunga - Closing

Whakamaua te korero

Whakamaua te wananga

Whakamaua kia Ranginui e tu iho nei

Whakamaua kia Papatuanuku e takoto ake nei

Whakatina ki te tumu o te maramatanga

Kia tina! Tina

Hui e!

Taiki e!

Himene

Whakaaria mai

Whakaaria mai
Tou rīpeka ki au
Tiaho mai
Ra roto i te pō
Hei konā au
Titiro atu ai
Ora, mate
Hei au koe noho ai
Amine

Waiata

Purea Nei

Purea a nei e te hau (Horoia)
Horoia e te ua (Whiti whitia)
Whiti whitia e te ra
Mahea ake nga (Poraruraru)
Poraruraru
Makere ana nga here

E rere wairua e rere (Ki nga ao)
Ki nga ao o te rangi (Whiti whitia)
Whiti whitia e te ra
Mahea ake nga (Poraruraru)
Poraruraru
Makere ana nga here
Makere ana nga here
E rere wairua e rere

Programme

0800	Registration	Registration Sheet,
0830	Mihi Whakatau <i>Whanaungatanga</i>	Whaea Ani Stuart Selkirk
0915	Housekeeping and introduction of team and MC.	Josephine Davis Joby Hopa
0925	Chief Nurse DHB	Maree Sheard
0945	Interview with a patient	
1015	Nourish and Rep Stands (15 mins)	
10.30	Predict tool- Examination – BP, heart rate and rhythm, weight, BMI, lipids, HbA1c	Catherine Beazley
1100	Predict Tool – retinal screening	Kelly Scott-Ritchie
1120	Predict tool – mental health	Joni Bradshaw
1140	Predict tool – feet	Karen Hereora
1155	Podiatry e-referral	Ken Leech
1200	Panel (15 mins) <i>Questions or reflections</i>	Catherine, Kelly, Joni, Karen and Ken Leech
1215	Nourish and Network (35 mins)	
1250	Predict tool – renal	Tracy Saweirs
1330	Predict tool – medications	Nicole McGrath
1410	Panel <i>Questions or reflections</i>	Catherine, Tracey and Nicole
1430	Mauri Ora Window (45 mins)	Hemaima Reihana-Tait
1515	Prize Draws (10 mins)	Coral & Josephine
1525	Close – Thank you and reflections	Josephine/Whaea Ani, Stuart Selkirk
1530	Afternoon tea and rep stands available	

Biography of Presenters

Maree Sheard

Maree Sheard joined NDHB as the Chief Nursing and Midwifery Officer after working as a Senior Lecturer with the School of Nursing at Massey University where she was involved in the development of a Master of Clinical Practice programme. Prior to working at Massey, Maree was an Associate Director of Nursing at Whanganui District Health Board.

Maree served as a Nursing Officer in the Army for over twenty years where she held a range of clinical and leadership appointments including that of Director of Nursing. While in the Army Maree was deployed to East Timor as a flight nurse and later to Afghanistan with the Defence Force's Provincial Reconstruction Team.

Maree grew up in Whangarei and did her initial nursing education there. Now many years later Maree's just completed a PhD which shows that in nursing, learning is never over.

Catherine Beazley

Catherine Beazley is a Nurse Practitioner at Hokianga Health. She trained in Dundee, Scotland then travelled before settling into work in the Hokianga 2001. Cathy now works as a Nurse Practitioner in Primary Health Care, is a member of the Rural Nurse New Zealand executive team, moderator for Mobile Health webinars and Nursing Representative on Mahitahi Hauora PHE Clinical Governance Group.

Kelly Scott-Ritchie

Kelly Scott-Ritchie is the Equity Manager for the Breast and Retinal Screening Service for the Northland District Health Board. Kelly's role is to ensure that both services are meeting the needs of community with a focus on Maori and Pasifika people. She has been working for the last 14 years with Iwi providers, GP practices and community providers to seek out ways of improving services to make them more accessible, engaging, timely and holistic to improve Maori and Pasifika health outcomes.

Joni Bradshaw

Joni is a Health Improvement Practitioner, she works in general practice in the Kerikeri area provides support, tools and management plans for people who are experiencing mental distress which is affecting their physical wellbeing.

Joni is employed by Mahitahi Hauora PHE but sits in general practice and has strong working relationships with the wider primary care team that includes a health coach.

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Biography of Presenters

Karen Hereora

Tena Koe, no Ngatihine me Te Kapotai oku Hau Kainga.

Karen is a Community Podiatrist at Bay of Islands Podiatry, she provides podiatry advice and management for many of people living with diabetes in the mid-North area.

Ken Leech

Ken is an experienced, senior executive with special expertise gained within the health sector and particularly within primary care. He has strengths in strategy development and execution, with an emphasis on using information technology to achieve business goals.

Tracey Saweirs

Tracey's career history includes being a midwife, then working in a renal unit in Scotland and working as a practice nurse in Edinburgh, all prior to immigrating to NZ in 2009. Tracey started working in the renal unit in Whangarei and then was seconded to the Ministry of Health for a 2-year pilot study, working with GP practices to improve patient care for those with Stage 3 kidney disease and diabetes. Tracey has been working as a Clinical Nurse Specialist in Diabetes for over 7 years now.

Nicole McGrath

Dr Nicole McGrath is the Diabetes Physician at Northland DHB

Hemaima Reihana-Tait

Hemaima Reihana-Tait is a Nurse Director for Mahitahi Hauora a Primary Health Entity, in rural Northland New Zealand. Her contribution to nursing expands 39 years as a hospital based Clinical Nurse, Community Mental Health, manager, practitioner and educator- leading and implementing change for both primary community and secondary health services. Hemaima is Maori, descending from Ngati Hine, Ngati Kere, Ngati Pihere and Ngai Tahu tribes. She is also a descendant of Nicholas Sciascia (great grandfather) of Trani, Apulia- Italy. She is passionate about improving Maori health outcomes through education and cultural workshop programmes, nurturing cultural competency in clinical workforce. She has a love of family history, writing short stories and music.

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