



Mahitahi Hauora

Tiakina Te Kaitiaki

Supporting carers of those with life limiting illness

What is the Tiakina Te Kaitiaki (Caring for Carers) service?

This service is provided to support the *informal Carers of those with life limiting condition in the last year of life. The aim is to support the Carers overall wellbeing to let them to continue in their vital caring role. In turn this allows the palliative patient to remain at home if this is their preference.

Criteria

The health provider needs to answer “NO” to the question: “Would you be surprised if the patient were to die within the next year?”

(NB. This is not a definitive diagnosis merely an indication that health status is changing)

How to refer

Those with Medtech and My Practice: Refer via Healthlink using CareSelect.

Go to Mahitahi Hauora – reason: Kaitiaki Service (please provide detail on ‘Carer’ and ‘Cared For’ to support priority of this referral).

Other referrers: Please send us a hard copy referral

For further information and a referral form

<https://www.mahitahihauora.co.nz/Tiakina-Te-Kaitiaki>

Kaitiaki Nurse Navigators	
Whangarei / Kaipara / Bream Bay	Hokianga / Mid-Far North
Contact: Judith Hall Kaitiaki Nurse Navigator (NZRN)	Contact: Te Warati Ututaonga-Pawa Kaitiaki Nurse Navigator (NZRN)
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* An **informal carer** is any person, e.g. a family member, friend or neighbour, who is giving regular, 24/7 ongoing assistance to another person.